

# Brooke Sommers, L.P.C.

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## EDUCATION

### **The University of Denver, Denver, Colorado**

Master of Arts in Forensic Psychology. 06/2009

### **The University of Arizona, Tucson, Arizona**

Bachelor of Arts in Psychology. Minor in Special Education and Rehabilitation, 05/2007

- Cum Laude

## CLINICAL AND RESEARCH EXPERIENCE

### **Stephen Brake Associates, Denver, Colorado**

01/2016 to present, Evaluator

Stephen Brake Associates offers forensic psychological services.

- Complete psychosexual evaluations, involving a clinical interview, sexual interest assessment, risk assessments, personality test, a review of collateral information, clinical diagnoses, and treatment recommendations/amenability.

### **Tennyson Center for Children at Colorado Christian Home, Denver, Colorado**

05/2014 to 07/2015, Clinician, 40 hours a week

The Tennyson Center is a residential and day treatment facility for emotional and crisis-affected youth. This facility provides therapeutic, educational, and advocacy services with a child-centered, family-focused, and community-based approach.

- Managed a caseload of children, ranging in age from 7 to 14, and provided trauma informed care. Clients may have been victims of sexual assault, physical abuse, and/or severe neglect.
- Provided individual therapy, family therapy, group therapy on life skills, and crisis intervention to all clients.
- Completed treatment plans, safety plans, and monthly reports, and determined discharge recommendations.
- Collaborated with other community agencies to facilitate transitions back to public schools and to families.

### **Teaching Humane Existence (T.H.E.), Denver, Colorado and Boulder, Colorado**

T.H.E. is an outpatient, milieu treatment facility that offers adult sex offender treatment.

#### Clinical Director

02/2013 to 03/2014, 40 hours a week

- Managed the T.H.E. Denver and Boulder clinical programs; therefore I made myself available for immediate clinical decision making, attended to crises, and was available to assist therapists with ongoing questions.
- Supervised all clinical therapists. Each therapist was supervised for a total of four hours per week.
- Presented the clinical program to supervising departments in an attempt to build relationships with referral sources.
- Directed all intake referrals, conducted intake assessments, and determined treatment amenability and containment.
- Assessed the quality and content of all client files annually, in accordance with L.P.C. and L.C.S.W. policies.

#### Clinical Therapist

08/2009 to 02/2013, 40 hours a week

- Led individual therapy with 30 clients and five group therapy sessions.
- Provided supervision to a T.H.E. therapist. I also supervised graduate students from the University of Denver.
- Completed all treatment plans, intake reports, termination letters, and monthly progress reports.

### **Aurora Mental Health Center, Offenders Program, Aurora, Colorado**

05/2009 to 08/2009, Unlicensed Psychotherapist, 25 hours a week

The Offenders Program provides services to individuals referred by probation departments and courts.

- Conducted group therapy with domestic violence and sex offenders and substance abusers.
- Completed initial assessments and evaluations and wrote the reports for probation officers, therapists, and courts.

### **A. B. Counseling, Lakewood, Colorado**

09/2008 to 06/2009, Graduate Student Internship, 15 hours a week

A. B. Counseling offers Substance Abuse therapy, Relapse Prevention, Domestic Violence Groups and Victim Advocacy.

- Conducted individual and group therapy with males and female offenders.
- Determined treatment plans and wrote monthly notes to probation officers, parole officers, or caseworkers.
- Became the agency's Victim Advocate and provided victims with community resources or crisis intervention.

### **MacArthur Foundation Research Grant, Dr. Lavita Nadkarni, Denver, Colorado**

09/2008 to 06/2009, Researcher and Presenter, 5 hours a week

- Presented on the topics of adolescent suicide and vicarious trauma to the Denver Juvenile Probation Department.

**Robert E. Loup Jewish Community Center, Denver, Colorado**

06/2008 to 09/2008, Early Childhood Center Camp Counselor, 40 hours a week

- Provided early developmental learning and structure with children between the ages of birth to four years old.

**Dr. Rick L. May, Treatment and Evaluation Services, Aurora, Colorado**

09/2007 to 06/2008, Graduate Student Internship, 13 hours a week

Treatment and Evaluation Services (TES) is an agency that treats sex offenders.

- Led individual therapy with offenders and victims, administered and scored psychological tests and interpreted the results, wrote evaluations, and helped to identify appropriate treatment plans.
- Worked on a research project to inform middle school teachers of appropriate boundaries with their students and healthy sexuality at the middle school age level.

**Dr. Anouk Scheres' Research Lab, Tucson, Arizona**

08/2006 to 05/2007, Research Assistant for children with ADHD, 9 hours a week

- Administered and scored questionnaires and psychological tests to children between the ages of seven to seventeen.

**Dr. Nancy Eldredge's Counseling Office, Tucson, Arizona**

01/2006 to 05/2007, Research and Office Assistant, 9 hours a week

- Scored patients' psychological tests, researched topics for professional lectures, and generated PowerPoint presentations on the topics of women with stress and effective ways to counsel deaf patients.

**Arizona Department of Juvenile Corrections, Mesa, Arizona**

05/2006 to 08/2006, Psychology Internship, 40 hours a week

- Wrote and revised the Mesa Parole Office program, called Fresh Start. This program was designed to help youths learn structure, advance in education, learn life skills, and serve as a viable support system.

**VOLUNTEER WORK****Front Range Center for Assault Prevention, Arvada, Colorado**

10/2015 to present, Board Member

- Participate in fundraising, attend board meetings, and plan for continued organizational success.

**DOVE: Advocacy Services for Abused Deaf Women and Children, Denver, Colorado**

04/2008 to 07/2008, Office Assistant

- Contacted agencies, using the video relay service, and scheduled presentations that covered information on Deaf culture and what people should do if a deaf client comes to their facility.

**Associated Students of the University of Arizona Cheer League, Tucson, Arizona**

01/2007 to 04/2007, Cheer coach for underprivileged children

- Taught basic cheerleading skills to children, age seven to nine, and exposed them to the university environment.

**Teacher's Assistant, University of Arizona, Tucson, Arizona**

01/2006 to 05/2006, Teacher's Assistant for American Sign Language III

- Taught classes for American Sign Language III, tutored students, and held review sessions before quizzes and tests.
- Proficient in American Sign Language

**Psychology Mentor Program, University of Arizona, Tucson, Arizona**

01/2005 to 12/2005, Mentor for emotionally disturbed school-aged children

- Mentored two children and provided them with stability and support.

**MEMBERSHIPS/CERTIFICATIONS**

- Colorado Department of Regulatory Agencies
  - Licensed Professional Counselor, #6265
- Sex Offender Management Board (SOMB)
  - Adult Full Operating Level Treatment Provider.
  - Adult Associate Level Evaluator.
- Certified to administer and interpret the Abel Assessment of Sexual Interest.
- Trained and certified to administer and interpret the Penile Plethysmograph.
- Trained in Trauma Focused Cognitive Behavioral Therapy (TF-CBT).
- Trained in Eye Movement Desensitization and Reprocessing Therapy (EMDR).